



# Participant Information / Training Sessions

**We are delighted to welcome you on your Black Maternity Matters journey. Please see below for all of the essential timings and venue information.**

## **Venue - see directions below**

All in-person sessions will be held at the Delta Marriot Hotel, Cheltenham Chase, Shurdington Road, Brockworth, Gloucester GL3 4PB

## **In Person Training Dates:**

- Wednesday 23 October: 9:00 - 16:30 (Cheltenham Chase Marriott)
- Tuesday 7 January: 9:00 - 16:30 (Cheltenham Chase Marriott)
- Thursday 6 March: 9:00 - 16:30 (Cheltenham Chase Marriott)

## **Timings**

Please arrive between 9.00 - 9:15am so you can get settled in and we can start the day at 9.30am. We will finish at approximately 4.30pm. We have included a number of breaks:

- 9:30-9.45 - Introduction
- 9:45 - 10:45 - Setting the Scene
- 10:45-11:00 - Break
- 11:00-1:00 - Main content
- 1:00-1:30 - Break
- 1:30-2:45 - Practical application
- 2.45-3:00 - Break
- 3:00-4.30 - Reflection/review

## What do we provide?

We will provide tea, coffee and water on your breaks, as well as lunch. Please let us know if you have any specific dietary requirements or allergies. There is a café on-site at Future Space if you wish to purchase any items for yourself. You are also very welcome to bring your own food, but we do not have access to a kitchen for reheating anything or refrigeration.

## What do we need to know advance?

Please let us know if there are any adjustments you need to fully participate in the day. We want to remove any barriers that may impact your involvement, whether this is physical access adjustments, or learning specific needs. Please let the BMM HIWE team know - this information will be treated confidentially, and we will do our best to ensure we have everything in place to accommodate your needs.

## What to bring?

Yourselves!

Seriously, we will provide what you need for the training session in terms of stationery, props, resources etc. However, please do feel free to bring anything with you that you would like to work with, or that you prefer to work with - for example specific pens or notepads, or even a folder to keep your notes in.

## What to wear?

Soft comfortable clothing in which you feel relaxed. This is not a formal environment, come as your authentic selves, whatever that means to you in terms of clothing.

## What do we ask of you?

To get the most out of your Black Maternity Matters journey, we ask that you bring your whole self to the training days.

We will therefore be asking you to kindly put your phones and tablets to one side for the duration of the training days. You have the full support of your Trust to be present at the sessions and we encourage you to remain present in the training days and avoid being distracted by attending to work emails etc.

## Preparation

There are some activities that we ask you to complete prior to the first session. The instructions for these are in the [Resources](#) pack. You will be given further tasks to complete during the period of training.

## Book club (online via Zoom)

These interactive discussion groups will take place throughout the six months. The sessions are mandatory, as they will continue to delve into the themes and subject matter from the in-person days. They will be centred around specific reading materials (books or articles) and information will be provided in advance for preparation.

- Wednesday 27 November: Virtual Book Club 10:00 – 11:30am (Zoom)
- Tuesday 4 February: Virtual Book Club 10:00 – 11:30am (Zoom)
- Thursday 24 April: Virtual Book Club 10:00 – 11:30am (Zoom)

Please use the following link for each session:

[Zoom login details:](#)

- Zoom Meeting ID: 915 2815 8856
- Zoom Passcode: 164007

## Quality Improvement: putting learning into practice (online via Teams)

An essential element of Black Maternity Matters is being enabled as part of the perinatal team to make improvements to the way care is delivered for Black women, birthing people and their babies. This could include sharing the learning from your time with BMM with colleagues or developing specific QI projects that will directly improve the experiences for Black women and birthing people.

To help you with this, you will be supported by the West of England AHSN to develop as Quality Improvement (QI) practitioners specifically working on BMM QI projects. This QI Webinar series comprises three sessions which will support the learning and insights gained from the in-person training days and virtual book group sessions.

These are as follows and you only need to attend once for each:

- **QI Session 1: Generating Ideas for Change**
  - Tues 19th November: 13:00 – 14.30 (Microsoft Teams)
  - Tues 3rd December: 12.00 – 13:30 (Microsoft Teams)
  - Weds 4th December: 12:30 – 14:00 (Microsoft Teams)
- **QI Session 2: Overcoming Obstacles to Change**
  - Weds 5th February: 12:30 – 14.00 (Microsoft Teams)
  - Thurs 6th February: 12:00 – 13:30 (Microsoft Teams)
  - Thurs 13th February: 12:00-13:30 (Microsoft Teams)
- **QI Session 3: Communication Strategies for Getting the Word Out**
  - Tues 22nd April: 12:00 – 13:30 (Microsoft Teams)
  - Thurs 24th April: 12:30 – 14:00 (Microsoft Teams)
  - Weds 30th April: 12:00 – 13:30 (Microsoft Teams)

The webinars will be hosted by the HIWE Academy and provide the tools and resources to help you implement BMM QI projects in your own services, running small tests of change aimed at improving experiences and outcomes for Black women and birthing people.

We will send you Teams Invites personally. Please accept one of each of the three sessions. We will be running each session multiple times to help increase accessibility across the many Trusts. We will also be running a number of monthly drop-in lunchbreak catch-up sessions for those who find themselves unable to attend the live webinars.

## Quality Improvement Clinics

Health Innovation West of England will be running regular drop in sessions for all of those sticky problems you may encounter on your QI journeys! We will share the dates and times with you shortly. These clinics are for you to access coaching on any range of issues, including planning, getting started with forming your ideas, or unblocking barriers in the system.

## Evaluation

We are evaluating a range of elements of the Black Maternity Matters Programme as well as the impact it will have on Black mothers, birthing people and their babies. We are particularly interested in your experience as participants and the learning and development journey you will go on over the next 6 months.

Prior to starting on the first in person training day, please complete your pre course evaluation survey and electronic consent form, we will email these to you separately.

# How to get to The Marriott Delta Cheltenham Chase Hotel

Delta Hotels Cheltenham Chase, Shurdington Road, Brockworth, Gloucester, GL3 4PB  
Telephone: 01452 519 988

## By Rail

Cheltenham Spa train station is 5 miles away.

Gloucester train station is 5.5 miles away.

Visit [trainline.com](http://trainline.com) for tickets

## By Bus

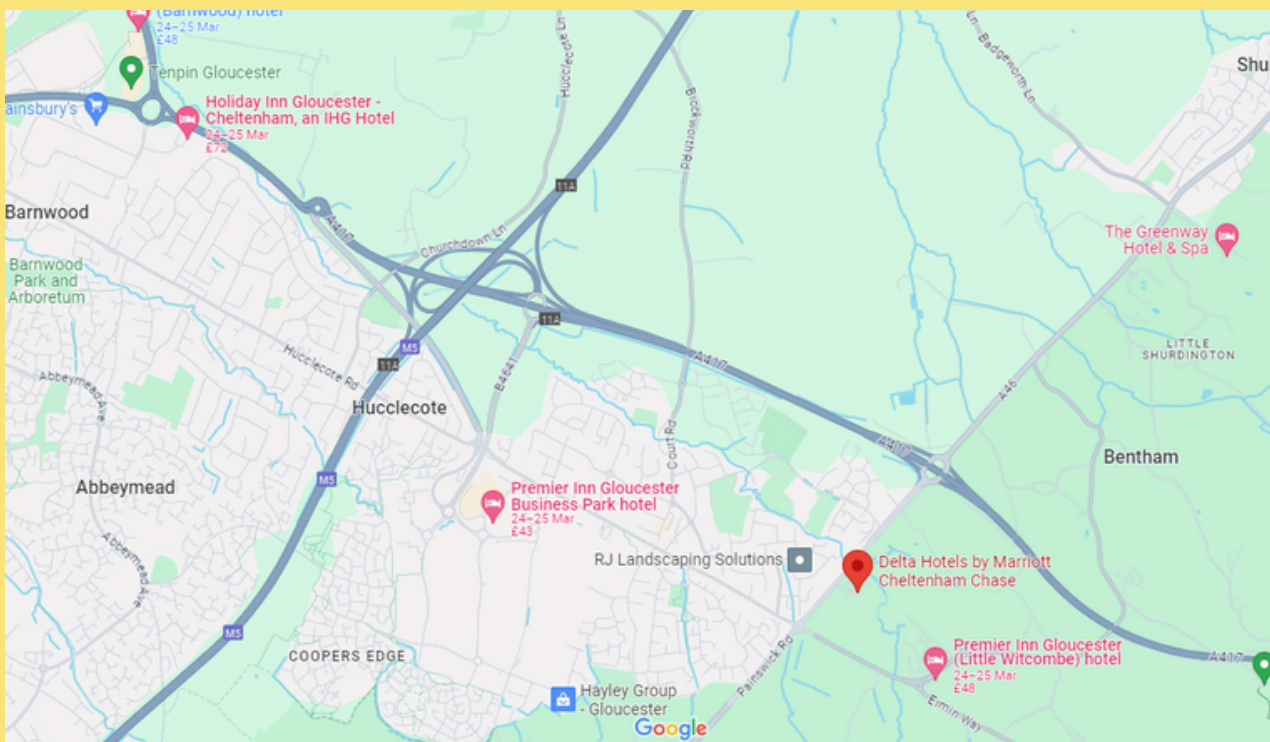
There is a bus stop right outside the hotel with regular services to Cheltenham, Gloucester and Stroud.

No. 10 Cheltenham - Gloucester | No. 46 Cheltenham - Stroud

A park and ride scheme also operates in both Cheltenham and Gloucester.

## By Car

Cheltenham Chase is a short distance from Gloucestershire Royal Hospital and just off the M5 at Junction 11A (Brockworth Interchange). Take the A417 exit at the Shurdington Rd/A46 roundabout.



## Parking at Marriot Delta Chase

There are 200 free parking spaces available at the venue. Please follow signs to the car park.